

Gymnastics Mississauga Term 3 – Spring 2010

CLUB POLICIES

1. Classes are subject to cancellation and/ or rescheduling.
2. Verbal confirmation will be given upon space available and receipt of payment.
3. Refunds are only given up to two weeks prior to the start of a term. A \$15 service charge applies to all refunds.
4. Credit notes will be given from two weeks prior to the start of the term, until the third week of classes. After the third class there are no credit notes given. Credit notes do not expire. A \$25 non-refundable annual fee for membership and insurance will be applied. Our year runs from July 1, 2009, June 30 2010.
5. To confirm your child's place in the class please register online starting January 25th, 2010.
6. We accept Visa, Mastercard, Debit and currently-dated cheques. Cheques should be made payable to Gymnastics Mississauga. There is a \$25 service charge for NSF cheques.
7. Makeup classes are not available in order for us to maintain a coach-athlete ratio.
8. Children must be the correct age for the selected program within 30 days before the start date of the term.

Gymnastics Mississauga
@ Hershey SportZone
5600 Rose Cherry Place
Mississauga, ON L4Z 4B6

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Term 3: Spring 2010

***Recreational
Gymnastics
Programs***

@Hershey SportZone

SPRING 2010 CLASS SCHEDULE

Minigym (with one parent) 45 min 2 yrs & young 3's	Mon 11:00 Tues or Thurs 9:45/10:30 Sat or Sun 9:15/10:15/11:15	\$159.50
Kindergym 3 & 4 – 45 min	Tues 11:15/12:45 Wed 9:30/10:15/1:00 Thurs 9:15/10:15/11:15/1:00/2:00 Sat & Sun 9:00/10:00/11:00	\$159.50
Kindergym 5&6 – 1 hr	Tues 12:45 Wed 1:00 Thurs 9:15/10:15/1:00/2:00 Sat & Sun 9:00/10:00/11:00	\$170.50
Kindergym 3-5 – 1 hr (evenings) 4-6 – 1 hr (daytime)	Mon – Fri 5:00/6:00 Mon 1:00/2:00 Tues 1:30 Wed 11:15	\$170.50
Girls 1 ½ hrs	Ages 5-9 Mon-Thurs 5:00/6:15 Fri 5:00/6:00 Sat or Sun 9:00/10:30/12:30/2:00	\$198.00
Advanced (Level 7 & Up) 2 hrs	Ages 9 & over Mon-Fri 7:30 Sat & Sun 9:00/10:30/12:30/2:00	\$253.00
Boys 1 ½ hrs	Ages 5-9 Mon-Thurs 5:00/6:15 Sat 9:00/10:30 Ages 9 & over Mon, Wed or Thurs 7:30 Sat 12:30/2:00	\$198.00
Trampoline - 1 hr 4 per class	Ages 8 & over Mon-Thurs 5:00/6:00/7:00/8:00 Sat 9:00/10:00/11:00/1:00/2:00	\$187.00
Teen/Adult 2 hrs	Ages 14 & over Tues or Thurs 7:30	\$231.00
Acrobatic Gymnastics 1 ½ hrs	Ages 5 & over Fri 6:00/7:30	\$198.00

FOR YOUR INFORMATION

Gymnastics Mississauga specializes in Artistic Gymnastics. This means that the girls use the beam, uneven bars, floor and vault while the boys use the floor, vault, parallel bars, rings, high bar and pommel horse. All Kindergym participants will use mini versions of this equipment. Our focus in the Recreational Programs is to challenge the children to learn gymnastics in a safe environment. We work on a progression system that includes 10 levels for girls and boys. No child will attempt a skill without having previously mastered all of the progressions leading up to that skill. Classes may have a male or female coach.

Minigym participants must be accompanied by an adult. Advanced Recreational participants must be level 7 and over. Children are required to wear shorts and a T-shirt or a leotard with bare feet – no pants please. Hair must be tied back and no jewelry is to be worn in the gym. Please do not bring valuables into the gym as we are not responsible for lost or stolen articles.

Registration

Registration is now available online ► **NEW!**

Go to www.gymmississauga.org to register for the spring session.

If your child has previous gymnastics experience, please bring a report card with you to ensure that the registration process is efficient and that they are placed in the correct class.

Term 3 – Spring 2010 (11 weeks)

Day	Start Date	End Date
Monday	Mar 22	Jun 14
Tuesday	Mar 23	Jun 1
Wednesday	Mar 24	Jun 2
Thursday	Mar 25	Jun 10
Friday	Mar 26	Jun 18
Saturday	Mar 27	Jun 26
Sunday	Mar 28	Jun 27

No classes April 2,3,4,5 Easter; May 6,7,8,9 Eastern Championships;
May 22,23,24 Victoria Day

